

## APERITIVO

Bread, Mixed Olives & Virgin Olive Oil (v)	£4.50
Olives Marinate (v)	£3.00

## GARLIC PIZZA BREAD

9"	
Plain	£4.25
Tomato	£4.85
Cheese	£5.25
Tomato & Chillies	£5.25
Cheese & Tomato	£5.50

## STARTERS

Tiamo Dough Balls (v) Freshly baked dough balls served with garlic butter dip	£2.95
Bruschetta al Pomodoro (v) Red onion, tomatoes and pesto	£3.95
Polpette al Pomodoro Oven baked Italian meatballs in our homemade sauce with mozzarella	£5.75
Brie & Parma Ham Breaded brie served on a bed of rocket with parma ham and cranberry sauce	£5.95
Cocktail di Gamberetti Norwegian prawns served on a bed of mixed leaf, topped with marie rose sauce	£6.50
Whitebait Breaded and deep fried served with a salad garnish and lemon wedge	£6.95
Antipasto Italiano Italian platter of mixed salamis, parma ham, houmous, capers and dough sticks	£7.95
Insalata Caprese (v) Slices of baby mozzarella cheese, tomato and basil	£6.70
Carpaccio di Bresaola Thinly sliced beef with rocket and flakes of parmesan cheese, lemon and pesto	£7.50
Soup of the Day Served with toasted bread	£5.95
Funghi con Aglio (v) Mushrooms cooked in cream and garlic	£5.90
Calamari Fritti Fried squid strips lightly breaded, served on a bed of mixed leaf	£7.25
Cozze alla Marinara Mussels steamed in garlic with a parsley and cream sauce	£7.50
Gamberoni Ferri King prawns cooked with chilli, white wine and garlic, in a cream sauce, served with aborio rice	£8.50

## POLLO

Pollo Contadino Breast of chicken cooked with cherry tomatoes, spring onions, garlic, rosemary and dijon mustard	£12.90
Pollo Rosemarino Breast of chicken cooked in garlic, fresh rosemary & barbecue sauce	£12.90
Pollo alla Crema Breast of chicken with a delicious white wine, cream, onion and mushroom sauce	£13.50
Pollo Vulcano (hot) Breast of chicken with ham, mushrooms, garlic, onion, peppers, chilli and napoli sauce	£13.90
Pollo Colosseo Breast of chicken with bacon, cracked black pepper, garlic and cream sauce	£12.90
Pollo all Marsala Breast of chicken with bacon, marsala wine cracked black pepper, apples, cream and garlic	£13.90
All the pollo dishes are served with french fries or a selection of fresh vegetables	

## PIZZA

Margherita (v) Mozzarella and tomato	£8.25
Giardiniera (v) Mushrooms, tomatoes, onions, green peppers, black olives, mozzarella and tomato	£9.75
Tropicana Ham and pineapple	£9.20
Quattro Stagioni Ham, mushrooms, artichokes, black olives, mozzarella and tomato	£9.90
Napolitana Capers, anchovies, black olives, mozzarella and tomato	£9.50
San Daniele Parma ham, rocket, parmesan shavings, mozzarella and tomato	£9.95
Prosciutto e Funghi Honey roast ham, mushrooms, mozzarella and tomato	£9.75
Americano Pepperoni, mozzarella and tomato	£9.90
Piccanti (hot) Pepperoni, jalapeno peppers, mozzarella and tomato	£9.90
Il Greco (v) Mixed olives, feta cheese, sundried tomato, sweet peppers, red onion, mozzarella and tomato	£9.90
Pollo Chicken, sweet peppers, cajun spices, garlic oil, red onion, sweetcorn, mozzarella and tomato	£9.90
Diavola (hot) Spicy beef, pepperoni, red onion, tabasco, jalapeno peppers, mozzarella and tomato	£10.20
Tutta Carne Chicken, ham, pepperoni, spicy beef, mozzarella and tomato	£10.50
Marinara Tuna, anchovies, red onion, black olives and parmigiano and tomato (no mozzarella)	£11.90
Tiamo Chicken, pepperoni, ham, olives, sweet peppers green pepper, red onion, sweet corn and mushrooms	£11.50

## CALZONE

Calzone con Verdura (v) Mushrooms, sweet corn, green peppers, olives, red onion, mozzarella and tomato	£9.50
Calzone al Pollo Chicken, ham, mushrooms, red onion, mozzarella and tomato	£9.70
Calzone alla Carne Ham, pepperoni, red onion, mushrooms, mozzarella and bolognese	£9.90

## PASTA

Spaghetti alla Polpette Spaghetti with classic italian meatballs in napoli sauce	£9.90
Penne alla Arrabiata (hot) Penne pasta in napoli sauce with garlic, chilli, onion and slices of pepperoni	£9.85
Penne alla Bascaiola Penne pasta with mushrooms, bacon, spring onions, sun dried tomatoes and a tomato sauce	£10.20
Lasagne al Forno Lasagne baked the traditional way, topped with mozzarella	£9.90
Cannelloni Oven baked pasta tubes filled with traditional fresh meats, spinach topped with napoli sauce and mozzarella	£9.90
Farfalle Vegetariani (v) Farfalle pasta with onions, peppers, olives, mushrooms, in pesto and tomato sauce	£9.90
Tagliatelle al Pollo Tagliatelle pasta with chicken, mushrooms and red peppers cooked in cream	£10.75
Spaghetti alla Carbonara Spaghetti sauteed in cream, egg yolks, bacon and cracked black pepper	£10.95
Tagliatelle con Frutti di Mare Tagliatelle pasta served with a mixture of seafood, garlic and napoli sauce	£11.90
Farfalle al Salmone e Gamberetti Farfalle pasta with freshly diced smoked salmon and prawns in a cream and tomato sauce	£12.50

Gluten free pasta available on request

## TIAMO SPECIALITIES

### CARNE

Fesa alla Griglia* Rump steak cooked to your liking, served with grilled mushrooms and tomatoes	£13.95
Lombata alla Griglia* Sirloin steak cooked to your liking, served with grilled mushrooms and tomatoes	£17.95
Filletto alla Griglia* Fillet steak cooked to your liking, served with grilled mushrooms and tomatoes	£23.95
Delicious sauces to enjoy with your steak for only £2.00...	
Diana Mushrooms, onions, french mustard cooked with cream and red wine	
Bordalaise Mushrooms and onions cooked with brandy, red wine, french mustard and cream	
Pepe Brandy, french mustard, green peppercorns cooked in cream	
Gorgonzola Gorgonzola cheese cooked in a brandy and cream sauce	
Steaks do not include grilled mushrooms and tomatoes when served with a sauce.	
Spezzatino di Carne* Strips of fillet steak cooked with brandy, french mustard and mushrooms in a cream sauce, served with aborio rice	£20.95

### PESCE

Swordfish* Pan fried swordfish steak with lemon, garlic and tomatoes	£14.95
Filletto di Salmone* Pan fried fillet of salmone cooked with asparagus and garlic in a white wine and cream sauce	£15.50
Seabass* Fillet of seabass pan fried with spring onion, ginger, garlic and cherry tomatoes	£18.95
Gamberoni alla Romano* King prawns roasted with sambuca, chillies, garlic, cream and a tomato sauce	£21.95

### RISOTTO

Risotto ai Funghi Aborio rice cooked with mushrooms, onions, garlic and cherry tomatoes with a touch of white wine and cream	£10.95
Risotto ai Frutti di Mare Aborio rice cooked with parsley, a mixture of seafood, and garlic in a tomato sauce	£12.95
Risotto Lombardo Aborio rice cooked with chicken and smoked bacon, tomatoes, fresh chillies and peas, served with parmesan shavings	£12.95

Tiamo Specialities are served with french fries or a selection of fresh vegetables excluding risotto dishes and dishes served with rice

Dishes marked with a\* are excluded from our Dine for Free promotion

**TIAO**  
ITALIAN RESTAURANT

If you have any known food allergens or intolerances, please let a member of staff know, who'll be happy to advise, prior to placing your order.  
(v) indicates dishes suitable for vegetarians. Vegan dishes are also available, please ask for details.

# CELEBRATE AND DINE FOR FREE

Celebrate your Birthday, Hen Night or Baby Shower with us and receive a FREE:

Main Course of your choice,  
Dessert of your choice and a drink

Offer only available for parties of four or more full paying diners.  
Proof of ID required.  
Not available in conjunction with any other promotion.

# 20% off PIZZA AND PASTA

11am to 2pm & 5pm to Close  
Tuesdays & Sundays

Each diner must order an individual dish,  
the sharing of dishes is not permitted.

Not available in conjunction with any other promotion.  
Not available to Take Away.

# 10% off YOUR TOTAL BILL

MEMBERS OF  
THE ARMED FORCES,  
NHS & EMERGENCY SERVICES

To claim your discount just let us know  
when you book and present your proof of ID

Not available in conjunction with any other promotion.

# CHILDRENS CHOICE

Any Pizza and Pasta dishes  
prepared as a smaller portion  
for children up to the age of 8

Excludes  
Lasagne al Forno, Cannelloni  
and Calzone.

Not available with our  
20% off Price Pizza & Pasta Promotion.

£5.95  
each

## SALADS

Pollo	£10.50
Chicken, goats cheese, red pepper, mixed leaf, tomato, olives, and house dressing	
Chicken Ceasar	£10.50
Chicken, anchovies, parmigiano, cos lettuce, and ceasar dressing	

All salads are served with baked dough balls

## SIDE DISHES

Vegetables	£2.00
Fries	£1.95
Plain Pasta	£1.75
Side Salad	£2.50
Ceasar Salad	£2.95

## DRINKS

### WHITE WINES

	175ml	250ml	75cl Bottle
House White	£4.70	£6.20	£15.70
Pleasant and dry flavoured			
Frascati	-	-	£18.95
Dry, crisp, white wine			
Verdicchio DOC	-	-	£20.95
Dry, smooth and irresistible			
Orvieto Classico	-	-	£20.95
Round and soft with a hint of sweetness			
Pinot Grigio DOC	-	-	£20.50
Elegantly balanced and fruity bouquet			

### ROSÉ WINES

	175ml	250ml	75cl Bottle
House Rosé	£4.90	£6.65	£16.95
Stylish and intensely fruity			

### RED WINES

	175ml	250ml	75cl Bottle
House Red	£4.95	£6.70	£17.25
Succulent smooth, rounded and fruity			
Valpolicella	-	-	£23.95
Plenty of intense cherry aromas, medium bodied			
Nero d'Avola	-	-	£19.50
Fruity and full bodied			
Chianti	-	-	£21.95
Medium bodied with cherries and light tannins			
Barolo	-	-	£44.00
Full of flavour and softness, deep in colour and aroma			

### SPARKLING WINES

	75cl Bottle
Asti Spumante	£23.95
Light sweet a true sparkle	
Prosecco Extra Dry DOCG	200ml glass £6.90
Prosecco Extra Dry	£23.00
House Champagne	£34.95
Moët et Chandon	£59.95

### BEER

Peroni Nastro Azzurro	330ml bottle	£3.75
Morretti Alcohol Free	330ml bottle	£3.25

### CIDER

Magners Original	330ml bottle	£4.00
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### SPIRITS

Premium Whisky 25ml	£4.00
Spirits 25ml	£3.00
Liqueurs 50ml	£4.50
Brandy 25ml	£3.00
Remy Martin 25ml	£4.55

### SOFT DRINKS

Coke / Diet Coke / Coke Zero	£2.50
Lemonade	£2.50
Bottled Mixers, Soda Lemonade or Tonic Water	£1.75
J20 / Appletizer	£2.50
Fresh Orange / Apple Juice	£2.30
Cordials	£1.50
Still / Sparkling Water	£2.00

### HOT DRINKS

Tea	£2.00
English Breakfast, Earl Grey, Peppermint or Green	
Filter Coffee	£2.00
Cappuccino	£2.30
Latte Coffee	£2.30
Mocha Coffee	£2.50
Espresso	£2.00
Double Espresso	£2.30
Hot Chocolate	£2.95
Liqueur Coffee	£5.20
Decaf Coffee (available on request)	

Don't forget to ask about our  
delicious desserts...

Please note: 20% off Price Pizza & Pasta Promotion is not available throughout the month of December, Mother's Day, Father's Day, Valentines Day or during Easter Weekend.

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